

Amazing 中国
CHINA 中国

7D5N
海螺沟 世纪冰川
康定 木格措
HAILUOGOU/KANGDING MUGECUO

Tour Code: CAC-2

 **Golden®**
Destinations



China
中国



Seven-Color Lake
七色海



Hailuogou
海螺沟风景区



Chengdu Research Base of
Giant Panda Breeding
熊猫基地

行程次序，以当地旅社安排为准。
Sequences of Itinerary are subject
to local arrangement.

Kangding Mugecuo
康定木格措



Wide and Narrow Alleys
宽窄巷子



Luding Bridge
泸定桥



Herbal Pond
药池沸泉

SCHEDULE:

D1 ARRIVAL ✈️ CHENGDU (MOB)

- ☑ Check in Hotel

D2 CHENGDU 🚌 (281km, 4.5 hrs bus) MOXI TOWN (B/L/D)

- ☑ Wide and Narrow Alleys
- ☑ Luding Bridge
(Estimate Altitude 1330 Meter)
- ☑ Mount Erlang Tunnel
(Estimate Altitude 2200 Meter)
- ☑ Moxi Town
(Estimate Altitude 1580 Meter)

D3 MOXI TOWN (B/L/D)

- ☑ Hailuoguo Scenic Area
(Estimate Altitude 1680-3200 Meter)
(Including public eco-coach & return cable car)

D4 MOXI TOWN 🚌 (100km, 3 hrs bus) KANGDING (B/L/D)

- ☑ Kangding Mugecuo Scenic Area
(Estimate Altitude 2600-3780 Meter)
(Including public eco-coach)
- * Seven-Color Lake
- * Herbal Pond (Including Foot SPA)

D5 KANGDING 🚌 (299km, 5 hrs bus) CHENGDU (B/L/-)

- ☑ Jinli Ancient Street
- ☑ Chunxi Road

D6 CHENGDU ✈️ DEPARTURE (B/L/-)

- ☑ Chengdu Research Base of Giant Panda Breeding
(Included Buggy Service)
- ☑ Panda Post Office

D7 ARRIVE KUALA LUMPUR (MOB)



Special Cuisine :

- ☑ Tibet Cuisine
- ☑ Red Army Long March Cuisine
- ☑ Sichuan Flavo
- ☑ Kangding Love Song Cuisine



NON SHOPPING STOP

TOURIST ATTRACTIONS:

CHENGDU

- ◆ **Chengdu Research Base Of Giant Panda Breeding** - is a non-profit research and breeding facility for giant pandas and other rare animals.

HAILUOGOU

- ◆ **Hailuoguo Scenic Area** - Glacier at Hailuo Valley is one of the glaciers at the east slope of Gongga Mountain. The glacier extends to 6km, and with the altitude of 2,850m, it is the lowest in altitude among glaciers with same latitude. Hailuo Valley is distributed with 5,700m-long glacier tongue. On the ice, there is full of transparent ice surface lakes, ice surface rivers, crevasses, ice pillars, ice caves, ice bridges and ice arch. Tourists, traveling can enjoy the beauty of crystal palace from the "Door Cave" of glacier to the exit of river under ice. Below Hailuo Valley, tourists can enjoy a spring-forever season. At the top, with annual average temperature of -9°C or so, it is always covered with snows throughout the year. Hailuo Valley is the best place to enjoy the sight of Gongga Mountain, King of Mountains in Sichuan. Climbing to the top of Erceng Mountain or Lion Rock, tourists can enjoy the splendid scenery that tens of snow peaks tower into the sky from the cloud and Gongga Mountain are surrounded by peaks.

KANDING

- ◆ **Kangding Mugecuo Scenic Area** - Located in Kangding in Ganzi Prefecture, the Kangding Love Song Scenic Spot (Mugecuo Park) runs adjacent to the Sichuan-Tibet highway. Historically it was an important corridor for the frequent north/south migration of Chinese people.
- ◆ **Seven-Color Lake** - at 2,600m altitude is a plateau lake blending with lake water and hot spring. The 20m deep crescent-shaped lake covers about 20ha. surrounded by forest and marshy grassland, elegant and peaceful; the clear lake water will turn to seven colors with the changes of sunshine and weather, thus it is so named. In the morning, the lake is like a mirror, with the inverted image of the blue sky, white cloud and snow; In the evening, the glistening water is like the gold. You can enjoy the natural beauty such as "Mist on Lake", "Muge Sunset", "Lotus Mist" and "Peak in Lake" in different seasons. Golden Beach-Located at the left of Mugecuo.

REMARKS:

- Altitude sickness: Most of the scenic spots in this trip belong to high altitude areas. In order to prevent mountain reactions, elderly people and weak people must prepare common medicines. It is best to have small oxygen cylinders. Tourists are prohibited from drinking alcohol during high altitude travel. Exercise, eat more vegetables and fruits; heart patients and people with asthma are not recommended to participate in this trip
- Plateau climate: The climate change of the plateau is diverse, the temperature difference between day and night is large; if the climate is changeable, please bring warm and cold clothes, and it may rain at any time. Please bring an umbrella or raincoat. The ultraviolet rays, sunshine and sunlight reflections in the plateau mountains are very strong. For long periods of time outdoors, wear sunglasses, sunscreen, lip balm, sun protection clothing, skin protection, gloves, scarves, slip-resistant sneakers or hiking walking shoes.
- Outdoor safety for Hailuoguo Glacier Forest Park: Traveling on glaciers is dangerous. Visitors should fully understand and fully prepare. Tourists cannot build roads on glaciers. Visitors should follow the guides to tour the glaciers. When viewing the Big Ice Waterfall, it is strictly forbidden to cross the blockade line; you can't shout loudly on the glacier; there are many Hailuoguo glaciers, and there are three larger glaciers. Their lowest altitude is also above 3,650 meters. Non-professional climbers can't go recklessly; Visitors must pass through a loose layer of steep slope before entering the glacier, please pay attention to the stone under the foot;
- All the scenic spots are marked with warm reminders and precautions, please read carefully to avoid accidents.

Complimentary Free Gift :

- ☑ 1 U type Panda Pillow / Person
- ☑ Portable oxygen bottle 14Litre / person



Hotel 5 Nights :

- ☑ Chengdu Holiday Inn Express Hotel or similar class x1 Night
- ☑ Hailuoguo Long March Hotel or similar class x2 Nights
- ☑ Kangding Snowcude Holiday Inn Hotel or similar class x1 Night
- ☑ Chengdu Kempinski Hotel or Yuluxe Hotel or similar class x1 Night

Optional Tour : Tibetan Dancing Show + Changing Face Show + huanglongxi Old Town+funan River = 480/Pax



Jinli Ancient Street
锦里古街



Mount Erlang Tunnel
二郎山隧道



Panda Post Office
熊猫邮局

精简行程:

第一天 抵达 ✈️ 成都 (机上用餐)

☑ 入住酒店

第二天 成都 🚌 (281公里, 巴士约4.5小时) 磨西镇 (早/午/晚)

- ☑ 宽窄巷子
- ☑ 泸定桥 (海拔约1330米)
- ☑ 二郎山隧道 (洞口海拔约2200米)
- ☑ 磨西古镇 (海拔约1580米)

第三天 磨西镇 (早/午/晚)

- ☑ 海螺沟风景区
(主景区海拔1680-3200米之间)
[含公共环保车&往返缆车]

第四天 磨西镇 🚌 (100公里, 巴士约3小时) 康定 (早/午/晚)

- ☑ 木格措风景区
(主景区海拔2600-3780米之间)
[含公共环保车]
- ☑ 七色海
- ☑ 药池沸泉 (含足浴体验1次)

第五天 康定 🚌 (299公里, 巴士约5小时) 成都 (早/午/-)

- ☑ 锦里古街
- ☑ 春熙路时尚步行街

第六天 成都 ✈️ 回程 (早/午/-)

- ☑ 大熊猫繁育基地
(含电瓶车)
- ☑ 熊猫邮局
(赠送熊猫明信片1张/人)

第七天 抵达吉隆坡 (机上用餐)

风味餐:

- ☑ 藏族风味
- ☑ 红军长征宴
- ☑ 康定情歌宴
- ☑ 川菜风味



全程无购物站

观光景点:

成都

- ◆ **成都大熊猫繁育基地** - 是世界著名的大熊猫迁地保护基地、科研繁育基地、公众教育基地和教育旅游基地。以保护和繁育大熊猫、小熊猫等中国特有濒危野生动物而闻名于世。

海螺沟

- ◆ **海螺沟风景区** - 是亚洲东部海拔最低、离大城市最近的、最容易进入的低海拔现代海洋性冰川, 生态完整的原始森林和高山沸、热、温、冷泉为一体构成的综合型旅游风景区。海螺沟冰川又称一号冰川, 全长14.7公里, 是贡嘎山71条冰川中最长的一条, 面积16平方公里, 最高海拔6750米, 最低海拔仅2850米, 沿纵向呈三级台阶: 粒雪盆, 冰川的孕育地; 大瀑布, 宽500-1100米, 高1080米, 是我国迄今发现的最高大、最壮观的冰川瀑布; 冰川舌, 伸入原始森林达6公里, 形成冰川与森林共存的奇绝景观。海螺沟冰川活动性最强, 在冰川的运动中, 形成晶莹如翡翠、水晶的冰川弧拱、冰洞、冰阶梯、冰门、冰湖、冰峰。

康定

- ◆ **木格措风景区** - 是川西北最大的高山湖泊之一。景区除森林草原外, 主要由红海、白海、黑海及三十多个无名海组成, 是一处观赏雪山、草原、原始森林、杜鹃花和藏族牧民风情的风景民俗游览观光区。景区内除可观赏「卧虎观月」、「石佛镇海」等山景外, 在各个季节的不同时辰还可观赏到「双雾坠海」、「木格夕照」、「木格晨曦」、「木格潮汐」和迭瀑飞泉等云、霞、雾、水奇景, 海滨珍珠沙滩可享沙浴、日光浴之乐。
- ◆ **七色海** - 正是木格措景区内最受欢迎的第一景观, 为一处湖水与温泉交融的高原湖泊, 湖面呈月牙形, 面积约20公顷, 水深20余米, 周围由森林、草甸环绕, 清雅幽静, 湖水清澈透明, 随阳光天气变化湖水色调呈七色变化, 七色海因而得名。

注意事项:

1. 高原反应: 此行程内景点多数属于高海拔地区, 为防发生高山反应, 老年人和身体弱者, 须备好常用药品, 最好配备小型氧气瓶; 游客在高原旅行期间禁止饮酒, 不要剧烈运动, 多食蔬菜和水果; 心脏病患者和患有哮喘的人不建议参加此行程
2. 高原气候: 高原气候变化多样, 昼夜温差大; 气候多变请带足保暖防寒衣物, 也随时可能下雨, 请携带好雨伞或雨衣, 高原山区紫外线、日照、阳光反射都非常强, 游客长时间在户外活动, 需带上太阳镜、防晒霜、润唇膏、穿好防晒衣, 保护皮肤, 手套、围巾、防滑性较好的旅游鞋或登山徒步鞋;
3. 针对海螺沟冰川森林公园的户外安全: 在冰川上旅行具有一定的危险性, 游客应充分了解和充分准备; 冰川上无法修建游览道路, 游客请紧跟导游游览冰川, 不可单独行动; 在观赏大冰瀑布时, 严禁跨越封锁线; 不可在冰川上大声呐喊; 海螺沟冰川很多, 较大的冰川就有三条, 它们最低点海拔也在3650米以上, 非专业的登山者不可鲁莽前往; 游客进入冰川前要通过松散层陡坡, 请注意脚下石头;
4. 各段景区内都有标注温馨提示以及注意事项, 请游客认真阅读, 避免意外发生。

* 贴心赠送 * :

- 可携式氧气瓶每人1支/14L
- 赠送熊猫颈枕1个/人



酒店住宿5晚:

- ☑ 成都Holiday Inn Express酒店或同级 x1晚
- ☑ 海螺沟长征大酒店或同级 x2晚
- ☑ 康定雪立方假日酒店或同级 x1晚
- ☑ 成都凯宾斯基饭店或世茂茂御酒店或同级 x1晚

自费项目: 藏羌歌舞晚会 + 川剧变脸秀 + 黄龙溪古镇 + 府南河夜景巡游 = 480元人民币 / 人

· 成都 CHENGDU ·



货币 Currency 	CHINESE YUAN - CNY RENMINBI - RMB 中国元 - CNY 人民币 - RMB	信用卡 Credit Card 	致电信用卡中心，以延长你的信用卡额度 * 许多信用卡在斯里兰卡通行 * Major credit cards such as Visa and Master card are mostly widely used
货币兑换率 Exchange Rate 	10 CNY = MYR 6 10 元 = 马币 6 <small>*Subject to currency of the day* *以当天汇率为准*</small>	拨号代码 Dial Code 	CHINA : +86 中国 : +86
电压 Voltage 	Voltage - almost always 220 V 电压 - 220伏特	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type C - 两个圆脚插头 / 2 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Different 	China (Chengdu) - No time different with Malaysia 中国时间与马来西亚时间标准时无相差	行李托运 Luggage Allowance 	Check in Luggage : 20 kg Each guest is allowed one piece of cabin baggage AND 1 laptop bag OR 1 handbag on-board. The main cabin baggage shall not exceed 56cm x 36cm x 23cm and does not weigh more than 7kg. 每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过20公斤
气候 Weather 	<div> <input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 25°C - 8°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 28°C - 20°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 24°C - 9°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 10°C - 2°C </div> <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
飞机型号 Aircraft Type 	<div> <div>A320</div> <div>A330</div> </div>		

Departure Date: 出发日期 :	<input type="text"/>	Flight : 航班行程 :	<input type="text"/>
Tour Fare: 团费 :	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费 :	<input type="text"/>
Tipping: 小费 :	<input type="text"/>	Agent Collection Fee: 旅行社代收费 :	<input type="text"/>
Visa: 签证 :	<input type="text"/>	Travel Insurance: 旅行保险 :	<input type="text"/>
		TOTAL : 总数 :	<input type="text"/>



GD Partner: