

Amazing 中国
CHINA 国

6D5N 成都/四姑娘山/丹巴/ 新都桥/康定

CHENGDU/MOUNT SIGUNIANG/DANBA/XINDUQIAO/KANDING

Tour Code: CAP-2

 **Golden**
Destinations



China
中国



Xinduqiao
新都桥



YaLa Snow Mountain
雅拉雪山



Chengdu IFS Panda
打卡成都新地标:
IFS巨熊猫

行程次序，以当地旅社安排为准。
Sequences of Itinerary are subject
to local arrangement.

ShuangQiaoGou
双桥沟



TaGong Grassland
塔公草原



JiaJu Tibetan Village
甲居藏寨



MuGeCuo Scenic Area
康定情歌木格措风景区

SCHEDULE:

D1 ARRIVAL ✈️ CHENGDU (MOB)

- ✓ Check in Hotel

D2 CHENGDU 🚌 (200km, 4 hrs bus) MOUNT. SIGUNIANG (113km, 3.5 hrs bus) DANBA (B/L/D)

- ✓ Cat Nose Ridge Observation Deck (Estimate Altitude 6250 Meter)
- ✓ ShuangQiaoGou (Included Public Eco-Coach) (Estimate Altitude 3600 Meter)

D3 DANBA 🚌 (145km, 3 hrs bus) XINDUQIAO 🚌 (80km, 1.5 hrs bus) KANDING (B/L/D)

- ✓ JiaJu Tibetan Village (Estimate Altitude 2600 Meter)
- ✓ SuoPo Tower Observation Deck (Estimate Altitude 2600 Meter)
- ✓ BaMei Stone Forest (Pass By)
- ✓ TaGong Grassland (Estimate Altitude 3730 Meter)
- ✓ TaGong Temple (Estimate Altitude 3750 Meter)
- ✓ YaLa Snow Mountain (Pass By) (Estimate Altitude 5820 Meter)
- *The 318 Sichuan-Tibet Line (Pass By)

D4 KANDING (B/L/D)

- ✓ MuGeCuo Scenic Area (Estimate Altitude 2600-3780 Meter) (Included Public Eco-Coach)
- ✓ Seven Color Lake
- ✓ Herbal Pond (Include Foot SPA)

D5 KANDING 🚌 (299km, 5 hrs bus) CHENGDU (B/L/D)

- ✓ ChuanXi Rapeseed Field (Photo Shoot) (Estimate Altitude 3000 Meter)
- ✓ Wide and Narrow Alleys
- ✓ Panda Post Office
- ✓ Chengdu IFS Panda

D6 CHENGDU ✈️ DEPARTURE (B/MOB)

- ✓ Chengdu Research Base Of Giant Panda (Included Buggy Car)
- ✓ Jinli Ancient Street

TOURIST ATTRACTIONS:

CHENGDU

- ◆ **Jinli Ancient Street** - Jinli is filled with the uniqueness and arbitrariness of Chengdu City. Many old Chengdu craftsmen on both sides of the street are busy, blowing sugar paintings and pinching people. All kinds of foods will definitely make you drool, Zhang Fei beef, bean curd, beef coke cake, pheasant, each with its own flavor.

MOUNT SIGUNIANG

- ◆ **ShuangQiaoGou** - It is named after two wooden bridges in the ditch. The main focus of the ditch is snow peaks, pastures, grasslands, forests, etc. It is the most beautiful ditch in Siguniang Mountain. Walk through the ditch and experience the true pastoral scenery. The main attractions are Yin Yang Valley, Hunter Peak, Sun Moon Bao Jing and Wu Se Shan.
- ◆ **Cat Nose Ridge** - Located near the 303 Provincial Highway in Xiaojin County, Aba Tibetan and Qiang Autonomous Prefecture, it is the only place to go from Balang Mountain to Rilong. It is the best place to see the whole of Siguniang Mountain and the sunrise and sunset. In the cat's nose, the front is Haizigou, behind the Siguniang Mountain, the scenery is absolutely shocking.

DANBA

- ◆ **Danba Flower Field** - Every year from mid-March to April, the buds of the pear blossoms in the mountains are filled with each other, and the JiaJu Tibetan village is decorated with colorful colors. Danba is known as the "Millennium and the Valley of the Beauty", which is the Jiarong culture. One of the birthplaces, with a long history of national culture, there is a unique middle-class road in the world, a rare middle-class road in the world, a group of ancient Shu people, a combination of heaven and man, and a strong ethnic style of Jiarong Tibetan dwellings. "Aju" is in Tibetan The meaning of a hundred households, as the name suggests, on a hillside with a relative height of nearly a kilometer, a Tibetan-style building is scattered among the green trees, dotted with smoky smoke and clumps of peach blossoms. Ranked as "the most beautiful six ancient villages in China" by China National Geographic.

(Remark: The flowering period of pear blossoms is from March 15th to April 15th, and the flowering period of rapeseed is: March 20th - April 30th)

- ◆ **TaGong Grassland** - At 3,730 meters above sea level, it is the most famous grassland in Ganzi Prefecture. The Tagong grassland covers an area of 712.37 square kilometers. The terrain is undulating and gentle, the grasslands are vast, the water and grass are abundant, and the cattle and sheep are in groups. A wide variety of flowers such as primroses and primroses are opened one after another. The morning sun is exposed, and the tents are scattered in the tents of the pastures, emitting a rich and fragrant milk and tea.

KANDING

- ◆ **MuGeCuo Scenic Area** - It has an elevation of over 3,700 meters, a water area of nearly four square kilometers and a water depth of more than 70 meters. In addition to the forest and grassland, the scenic spot is mainly composed of the Red Sea, the White Sea, the Black Sea and more than 30 unnamed seas. It is a scenic folk sightseeing area that enjoys the scenery of snow-capped mountains, grasslands, virgin forests, azaleas and Tibetan herdsmen.

REMARKS:

- Altitude sickness: Most of the scenic spots in this trip belong to high altitude areas. In order to prevent mountain reactions, elderly people and weak people must prepare common medicines. It is best to have small oxygen cylinders. Tourists are prohibited from drinking alcohol during high altitude travel. Exercise, eat more vegetables and fruits; heart patients and people with asthma are not recommended to participate in this trip.
- Plateau climate: The climate change of the plateau is diverse, the temperature difference between day and night is large; if the climate is changeable, please bring warm and cold clothes, and it may rain at any time. Please bring an umbrella or raincoat. The ultraviolet rays, sunshine and sunlight reflections in the plateau mountains are very strong. For long periods of time outdoors, wear sunglasses, sunscreen, lip balm, sun protection clothing, skin protection, gloves, scarves, slip-resistant sneakers or hiking walking shoes.
- All the scenic spots are marked with warm reminders and precautions, please read carefully to avoid accidents.



Special Cuisine :

- ✓ Three-Flavored Fish
- ✓ ChuanXi Casserole Cuisine
- ✓ Kanding Cuisine
- ✓ Sichuan Cuisine
- ✓ Tibetan Cuisine
- ✓ YuanYang Steamboat



Hotel 5 Nights :

- ✓ Chengdu Holiday Inn Express or similar class
- ✓ Danba Jin He Hotel or similar class
- ✓ Kanding Snow Cube Holiday Hotel or similar class
- ✓ Chengdu Shimao Yuluxe Hotel or similar class

x1 Night
x1 Night
x2 Nights
x1 Night



NON SHOPPING STOP

Optional Tour : Sichuan Changing Face Show+ChunXi Road Street+Dachi Temple+Funan River Night Tour=[RMB380/person]



SuoPo Tower Observation Deck
梭坡碉楼观景台



TaGong Temple
塔公寺



Chengdu Research Base Of Giant Panda
大熊猫繁育研究基地

精简行程:

第一天 抵达 成都 (机上用餐)

☑ 入住酒店

第二天 成都 (200公里, 巴士约4小时) 四姑娘山 (113公里, 巴士约3.5小时) 丹巴 (早/午/晚)

☑ 猫鼻梁观景台 (海拔6250米, 远眺四姑娘山全貌)
☑ 双桥沟 (含观光车) (海拔约3600米)

第三天 丹巴 (145公里, 巴士约3小时) 新都桥 (80公里, 巴士约1.5小时) 康定 (早/午/晚)

☑ 甲居藏寨 (海拔约2600米)
☑ 梭坡碉楼观景台 (海拔约2600米)
☑ 八美卡玛尼石林 (车观)
☑ 塔公草原 (海拔约3730米)
☑ 塔公寺 (途径) (海拔约3750米)
☑ 雅拉雪山 (途径远眺) (海拔约5820米)
* 途经318川藏线景观大道

第四天 康定 (早/午/晚)

☑ 康定情歌木格措风景区 (含观光车) (主景区海拔2600-3780米之间)
☑ 芳草坪、七色海、赠送药池沸泉体验

第五天 康定 (299公里, 巴士约5小时) 成都 (早/午/晚)

☑ 川西油菜花田 (停留拍照) (海拔约3000米)
☑ 宽窄巷子
☑ 熊猫邮局
☑ 打卡成都新地标: IFS巨熊猫

第六天 成都 回程 (早/机上用餐)

☑ 大熊猫繁育研究基地 (含电瓶车)
☑ 锦里古街

观光景点:

成都

◆ 锦里古街 - 锦里洋溢着成都市井特有的喧嚣和随意, 街道两边众多老成都手艺人正在忙碌, 吹糖画、捏面人。各类美食绝对令你垂涎三尺, 张飞牛肉、豆花、牛肉焦饼、钵钵鸡, 各具风味。

四姑娘山

◆ 双桥沟 - 得名缘于沟内的两座木桥。沟内主要以雪峰、牧场、草地、森林等为主, 是四姑娘山最美丽的一条沟。漫步沟内可体验到真正的牧区风光。主要景点有阴阳谷、猎人峰、日月宝镜和五色山等。
◆ 猫鼻梁 - 位于阿坝藏族羌族自治州小金县303省道附近, 是巴郎山至日隆的必经之地, 观四姑娘山全貌和日出、日落的最佳点。在猫鼻梁远眺, 前面是海子沟, 后面是四姑娘山, 风景绝对的震撼。

丹巴

◆ 丹巴梨花 - 每年的3月中旬-4月满山的梨花吐露出的嫩芽交相辉映, 将甲居藏寨装扮得五颜六色, 丹巴素有“千碉之国、美人谷”之称的丹巴, 是嘉绒文化的发祥地之一, 民族文化悠久, 有国内独有、世界罕见的中路、梭坡古碉群, 有天人合一, 具有浓烈的民族风格的嘉绒藏族民居。“甲居”在藏语是百户人家的意思, 寨如其名, 在相对高差近千米的山坡上, 一幢幢藏式楼房洒落在绿树丛中, 星罗棋布, 衬以袅袅的炊烟、丛丛的桃花, 显得恬静别致, 曾经被《中国国家地理》评为“中国最美的六大乡村古镇”之首。

(备注: 梨花花期: 3月15日-4月15日、油菜花花期: 3月20日-4月30日)

◆ 塔公草原 - 海拔3730米, 是甘孜州最著名的草原。塔公草原面积712.37平方公里, 地势起伏和缓, 草原广袤, 水草丰茂, 牛羊成群。种类繁多的迎春花、报春花等鲜花相继开放, 晨曦初露, 分布在牧场的各处的帐篷里炊烟袅袅, 散发出浓郁扑鼻的奶香、茶香。

康定

◆ 木格措风景区 - 海拔3700余米, 水域近四平方公里, 水深逾70米。景区除森林草原外, 主要由红海、白海、黑海及三十多个无名海组成, 是一处观赏雪山、草原、原始森林、杜鹃花和藏族牧民风情的风景民俗游览观光区。

注意事项:

- 高原反应: 此行程内景点多数属于高海拔地区, 为防发生高山反应, 老年人和身体弱者, 须备好常用药品, 最好配备小型氧气瓶; 游客在高原旅行期间禁止饮酒, 不要剧烈运动, 多食蔬菜和水果; 心脏病患者和患有哮喘的人不建议参加此行程
- 高原气候: 高原气候变化多样, 昼夜温差大; 气候多变请带足保暖防寒衣物, 也随时可能下雨, 请携带好雨伞或雨衣, 高原山区紫外线、日照、阳光反射都非常强, 游客长时间在户外活动, 需带上太阳镜、防晒霜、润唇膏、穿好防晒衣, 保护皮肤, 手套、围巾、防滑性较好的旅游鞋或登山徒步鞋;
- 各段景区内都有标注温馨提示以及注意事项, 请游客认真阅读, 避免意外发生。



风味餐:

- ☑ 三味烤鱼
- ☑ 川西砂锅鱼
- ☑ 鸳鸯火锅
- ☑ 康定情歌宴
- ☑ 嘉绒藏餐
- ☑ 川菜风味



酒店住宿5晚:

- ☑ 成都Holiday Inn Express或同级 x1晚
- ☑ 丹巴金河大酒店或同级 x1晚
- ☑ 康定雪立方酒店或同级 x2晚
- ☑ 成都世茂茂御酒店或同级 x1晚



全程无购物站

自费项目: 川剧变脸秀+春熙路时尚步行街+大慈寺+府南河夜景巡游=【RMB380/人】

· 成都 CHENGDU ·



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|-----------------------------------|--|--------------------------------------|--|
| 货币 Currency | CHINESE YUAN - CNY RENMINBI - RMB 中国元 - CNY 人民币 - RMB | 信用卡 Credit Card | 致电信用卡中心，以延长你的信用卡额度 * 许多信用卡在斯里兰卡通行 * Major credit cards such as Visa and Master card are mostly widely used |
| 货币兑换率 Exchange Rate | 10 CNY = MYR 6 10 元 = 马币 6 <small>"Subject to currency of the day" "以当天汇率为准"</small> | 拨号代码 Dial Code | CHINA : +86 中国 : +86 |
| 电压 Voltage | Voltage - almost always 220 V 电压 - 220伏特 | 插座 Power Socket | 类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type C - 两个圆脚插头 / 2 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape" |
| 时差 Time Different | China (Chengdu) - No time different with Malaysia 中国时间与马来西亚时间标准时无相差 | 行李托运 Luggage Allowance | Check in Luggage : 20 kg Each guest is allowed one piece of cabin baggage AND 1 laptop bag OR 1 handbag on-board. The main cabin baggage shall not exceed 56cm x 36cm x 23cm and does not weigh more than 7kg. 每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过20公斤 |
| 气候 Weather | <div> <input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 25°C - 8°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 28°C - 20°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 24°C - 9°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 10°C - 2°C </div> <small>"Subject to weather of the day" "以当天天气报告为准"</small> | | |
| 飞机型号 Aircraft Type | <div> A320 A330 </div> | | |

Departure Date:

出发日期:

Flight:

航班行程:

Tour Fare:

团费:

Airport Tax & Fuel Surcharge:

机场税及燃油附加费:

Tipping:

小费:

Agent Collection Fee:

旅行社代收费:

Visa:

签证:

Travel Insurance:

旅行保险:

TOTAL:

总数:



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