

# 10天7晚 探索土耳其之旅

伊斯坦布尔,安卡拉,卡帕多奇亚,孔亚,棉花堡, 塞尔丘克,库萨达斯,恰纳卡莱,伊斯坦布尔

Tour Code: 10XSS-2 (KC)

By Air Astana







# 精简行程



入住酒店

#### 伊斯坦布尔 - 安卡拉 (460公里 5小时) -卡帕多奇亚 (320公里 4小时)

- 阿塔图尔克陵墓 (步行游览)
- 盐湖 (拍照)

# 第三天

#### 卡帕多奇亚

(早/午/晚餐)

(机上用餐)

- 鸽子谷(拍照)
- 帕夏贝谷(拍照)
- 迪夫里特峡谷(拍照)
- 乌奇希萨尔城堡村 (拍照)
- 阿瓦诺斯陶艺村(购物)
- 土耳其绿松石(购物)
- 地下城市(含入门票)
- 格雷梅山谷(拍照)

# 第四天

#### **卡帕多奇亚 - 孔亚** (250公里 3小时) -棉花堡 (405公里 5小时)

- 丝绸之路~古老客栈 (拍照)
- 梅乌拉那博物馆 (参观)

# 第五天

#### **棉花堡 - 塞尔丘克** (188公里) 2小时50分钟) - **库萨达斯**(27公里40分钟) (早/午/晚餐)

- 希拉波里斯古城 (含入门票)
- 棉花堡(含入门票)
- 艾菲索斯 (含入门票)
- 圣母玛利亚之家 (含入门票)

# 第六天

#### 库萨达斯 – 恰纳卡莱

(437公里6小时)

(早/午/晚餐)

特洛伊木马(拍照)

# 第七天

#### 恰纳卡莱 – 伊斯坦布尔

(314公里4小时50分钟)

(早/午/晩餐)

- 蓝色清真寺(步行游览)
- 君士坦丁堡竞技场(步行游览)
- 博斯普鲁斯海峡游船享用晚餐和欣赏肚 皮舞 (含船票)













历史

家庭

风景

休闲

购物

# 安卡拉

阿塔图尔克陵墓 - 位于安卡拉的阿塔图尔克陵墓是土耳其共和国新时代的 标志。为纪念土耳其国父穆斯塔法.凯末尔,1953年筹盖这座宏伟的陵墓。 院内还设有博物馆,展示了阿塔图尔克的肖像、亲笔信和他本人使用过的各 种物品。

# 卡帕多奇亚

- 鸽子山谷 鸽子谷属于一个天然的自然景观。在这幽美的山谷两边,到处 的是大块的石头,倘若你仔细看在石头上都是密密麻麻大小不一的鸽子洞。 对于卡帕多奇穴居的那些居民来说,鸽子所具备的不仅仅是传信的作用,而 且还是人民生活所用的肥料以提供及营养的源泉。他们用采集来的鸽子粪作 为天然的肥料,是讲究天然的环保地区。
- 帕夏贝谷 在济尔维附近的帕夏贝有整个卡帕多西亚地区最美、最可爱的 仙人烟囱,这里除了有卡帕多西亚最高的仙人烟囱之外,玄武岩的仙人烟囱 全是多头式、尖帽式,非常特別。高耸入天的仙人头像下就是教堂,原来是 公元5世纪时隐士圣西蒙(St Simeon)的隐修所,至今保留得很完整。
- 迪夫里特峡谷 这个侵蚀地貌最明显的山谷,是卡帕多西亚地区形状最奇 特、分布最 集中的火山石锥群。著名的骆驼形状的岩石就在这里,被称为" 动物岩层(Animal Rock Formations)"。数百个高度从几十米到100多米不 等的石锥紧密排 列,聚集在一起仿佛是要拍摄集体照。人们惊讶于这鬼斧神 工的壮观 景象,形象地称之为"精灵烟囱(Fairy Chimney)"。
- **乌奇希萨尔城堡村 -** 乌奇萨是"第三个堡垒"的意思,另两个则是厄古普 及欧塔希沙,但这里最为险峻。这块平原上凸起的六十米高的巨大岩石简直 就是一件现代主义的艺术品。乌奇希萨尔城堡村是一座最壮观的景色之一。
- **阿瓦诺斯陶艺村 -** 阿瓦诺斯位于格雷梅的北边 , 是卡帕多奇亚著名的陶器 小镇。小镇的中心流经着土耳其最长的内陆河 - 红河,河水中含有丰富的铁 质,非常适合于制作陶器制品,所以当地所产出的陶器正是取自红河中的红 粘土制造而成。
- 地下城市 是为了抵御攻击而建造的,可以在危机期间保护大量的人和动 物。

# 孔亚

● 丝绸之路~古老客栈 - 是一个路边客栈,旅客可以在这里休息。商队支持商 业、信息和人员在覆盖亚洲、北非和欧洲东南部的贸易路线网络中流动,特别 是在丝绸之路。

# 棉花堡

希拉波利斯古城 - 是古希腊城市,位于土耳其西南部,靠近代尼兹利是古希 腊的著名圣城,现名为帕穆卡尔村。1988年作为文化遗产列入《世界遗产名 录》。从公元前2世纪开始,温泉就被用作水疗中心,许多顾客在那里退休或 死去。



# 第八天

#### 伊斯坦布尔 -阿拉木图

(5小时20分钟)

(早/午/机上用餐)

- 圣索菲亚教堂(含入门票)
- 托普卡泊皇宫(含入门票)
- 伊斯坦堡大巴扎(星期天休息)(步行游览)

# 第九天

#### 阿拉木图 - 吉隆坡

(8小时10分钟)

(机上用餐)

- 入住酒店
- 自由活动,直到出发时间前往机场, 返回吉隆坡或: 你可以参加自费游项目, 探索哈萨克斯坦首都阿拉木图

#### 第十天

#### 抵达吉隆坡

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- ✓ 入住2晚卡帕多奇亚的洞穴主题酒店
- ✔ 参观梅乌拉那博物馆
- ✓ 参观安卡拉历史悠久的阿塔图尔克陵墓
- ✓ 探索卡帕多奇亚独特的景点,鸽子山谷,帕夏贝谷, 迪夫里特峡谷,乌奇希萨尔城堡村,阿瓦诺斯陶艺村, 地下城市和格雷梅山谷
- ✔ 美丽和著名的棉花城堡,在20世纪70年代被列入联 合国教科文组织世界遗产
- ✓ 探索艾菲索斯古城,这是世界上最杰出的考古遗址之一
- ✔ 参观圣母玛利亚之家,俱有历史背景的建筑
- ✔ 特洛伊木马是恰纳卡莱市最大的景点之一
- ✓ 伊斯坦布尔是土耳其的一个主要城市,横跨欧洲和 亚洲,横跨博斯普鲁斯海。它的古城反映了许多帝国 的文化影响
- ✓ 参观蓝色清真寺,6座宣礼塔是清真寺的独特特色
- ✓ 博斯普鲁斯海峡长32公里,海峡北连黑海, 南通马尔马拉海,是欧洲与亚洲之界
- ✓ 乘坐博斯普鲁斯游船,享用晚餐和欣赏肚皮舞秀







#### 5 🌟 酒店 (5晚)

- + 2晚 洞穴主题酒店 (无星级评价)
- ✓ 卡帕多奇亚(洞穴主题酒店)
  - x 2晚
- ✔ 棉花堡 x 1晚 ✔ 库萨达斯
- x 1晚 x 1晚
- ✔ 恰纳卡莱 ✔ 伊斯坦布尔 x 2晚
- ✓ 阿拉木图 "STPC" Air Astana航空公司 提供半天酒店和早餐
- ★ ★ ★ ★ ★ 推荐购物站 ★ ★ ★ ★ ★
- ✔ 皮革
- ✔ 纺织品
- ✔ 土产
- ✔ 珠宝 ✔ 地毯
- ✔ 陶瓷

棉花堡 - 土耳其文Pamuk表示棉花, Kale表示城堡, 所以Pamukkale就叫棉 花堡。自罗马时代起,棉花堡就被称为"温泉之城"。游客们前往棉花堡,在 温泉中享受温暖的泉水。此地不仅有上千年的天然温泉,更有好似棉花一样的 山丘。据科学鉴定,泉水富含钙、镁等矿物质,不但对风湿、皮肤病、妇科病 、消化不良及神经衰弱等有神奇疗效,泉水还可饮用。

# 塞尔丘克

- 塞尔丘克 是土耳其最受欢迎的旅游目的地之一,以艾菲索斯古城,圣母玛 利亚之家和塞尔柱艺术品的亲近而闻名。一些人声称,6世纪的圣约翰使徒教 堂建在使徒墓的遗址上,也在镇内。塞尔丘克的旧城区保留了许多传统的土耳 其文化。
- **艾菲索斯 -** 又译以弗所,是早期最重要的城市之一,如今一部分成了土耳其 小镇塞尔丘克。这里发掘出了罗马帝国时期宏伟的建筑,如赛尔苏斯图书馆和 大剧院,以及吸引整个地中海地区朝圣者的著名阿尔忒弥斯神庙为古代"世界 七大奇迹"之一。

# 恰纳卡莱

特洛伊木马 - 正是"木马屠城記"裡記載著的希臘軍隊用來攻破特洛伊城的 那隻大木馬,是恰纳卡莱最大的景点之一。木马也因电影《特洛伊》而出名。

# 伊斯坦布尔

- 蓝色清真寺 原名苏丹艾哈迈德清真寺, 17世纪初由伊斯兰世界著名古典建 筑师锡南的得意门生Mehmet Aga设计建造。因清真寺内墙壁全部用蓝、白 两色的依兹尼克瓷砖装饰故名,周围有六根宣礼塔,象征伊斯兰教六大信仰, 是伊斯坦布尔最重要的标志性建筑之一。
- **君士坦丁堡竞技场 -** 又称君士坦丁堡赛马场,是一个罗马竞技场,曾是拜占 庭帝国京城君士坦丁堡的体育和社交中心。在古代世界,赛马和双轮战车赛车 是受欢迎的休闲活动。今天,这里是土耳其城市伊斯坦布尔老城中心的苏丹艾 哈迈德广场。
- 圣索菲亚大教堂 在1453年以前,一直是拜占庭帝国的主教堂,此后被土 耳其人占领,改建成为清真寺。1935年,第一任土耳其总统及土耳其国父穆 斯塔法·凯末尔·阿塔图尔克将圣索菲亚大教堂变为博物馆。
- 托普卡泊皇宫 是奥斯曼帝国时期的皇宫,大门外有一座巨大的炮台,所以 当地人都叫它"托普卡泊宫",即"炮台皇宫"。自1465年至1853年年一直 都是奥斯曼帝国苏丹在城内的官邸及主要居所。现在它已经成为伊斯坦布尔的 一个大型博物馆,也是伊斯坦布尔最重要的历史古迹之一。
- 伊斯坦布尔的大巴扎 是世界上最大、最古老的市场,也是世界上最早的购 物中心之一。建造于1461年,有近550年的历史,室内大约有65条街道, 4400多家商店。



- ✓ 7早餐/7午餐/6晚餐
- 自助餐,土耳其风味餐,土耳其烤肉

# 旅游资讯

# ・土耳其・

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货币	土耳其 : 土耳其里拉(TRY) : 美金(USD)	信用卡  * 致电信用卡中心,以增加你的信用卡额度  * 许多信用卡在土耳其通行
货币兑换率	1土耳其里拉:1.5 令吉 1美金:4.5 令吉	<del>拨号代码</del> + 90
电压	230伏特 50频兹	插头 插头是两个圆脚头 *请自带多功能插座
时差 - '<-	标准时差慢马来西亚时间5小时	行李托运 每人只限携带一件不超过7公斤的手提行李上 机,以及托运行李不超过20公斤
气候	春季夏季 3月 - 5月 6月 - 8月 10℃- 25℃ 28℃- 37℃	□ 秋季 □ 冬季 9月 - 11月 12月- 2月 8°C- 20°C -5°C- 11°C
飞机型号	A320	A330 Boeing 777
出发日期:	航班行程:	
团费:	机场税及燃油附加费:	
小费:	旅行社代收费:	
签证:	旅行保险:	
	Ä	总数:
	Traval Agents	

Travel Agent:



Operated by:
ICE HOLIDAYS SDN BHD
(230643-X) KPL/LN:2441



# 10D7N TURKEY DISCOVERY

ISTANBUL, ANKARA, CAPPADOCIA, KONYA, PAMUKKALE, SELCUK, KUSADASI, CANAKKALE, ISTANBUL

By Air Astana

Tour Code:10XSS-2 (KC)



















HERITAGE

HISTORICAL

FAMILY

SCENIC

LEISURE

SHOPPING

D1

KUALA LUMPUR - ALMATY (8H40M) - ISTANBUL (6H10M) (MOB)

Transfer to Hotel

D2

ISTANBUL - ANKARA (460KM 5H) CAPPADOCIA (320KM 4H) (B/L/D)

- Ataturk Mausoleum (Walking Orientation)
   Salt Lake (Photo Stop)
- D3

# CAPPADOCIA

(B/L/D)

- Pigeon Valley (Photo Stop)
- Pasabag Valley (Photo Stop)
- Dervent Valley (Photo Stop)
- Uchisar Castle Village (Photo Stop)
- Avanos Pottery Village (Shopping Stop)
- Turkish Turquoise (Shopping Stop)
- Underground City (Entrance Included)
- Goreme Valley (Photo Stop)
- D4

CAPPADOCIA - KONYA (250KM 3H) - PAMUKKALE (405KM 5H) (B/L/D)

- Tepesidelikhan Ancient Caravanserai (Photo Stop)
- Melvana Museum (Visit)

D5

PAMUKKALE - SELCUK (188KM 2H50M) - KUSADASI (27KM 40M) (B/L/D)

- Ancient City of Hierapolis & Necropolis (Entrance included)
- Cotton Castle (Entrance included)
- Ephesus Ancient City (Entrance included)
- House of Virgin Mary (Entrance included)

D6

KUSADASI – CANAKKALE (437KM 6H)

(B/L/D)

Trojan Horse (Photo Stop)

D7

CANAKKALE – ISTANBUL (314KM 4H50M)

(B/L/D)

- Blue Mosque (Walking Orientation)
- Hippodrome Square (Walking Orientation)
- Bosphorus Dinner Cruise with Belly Dance Show (Cruise Included)

## **ANKARA**

• Ataturk Mausoleum - is the mausoleum of Mustafa Kemal Atatürk, the leader of the Turkish War of Independence and the founder and first President of the Republic of Turkey. The site is also the final resting place of İsmet İnönü, the second President of Turkey, who was interred there after he died in 1973. His tomb faces the Atatürk Mausoleum, on the opposite side of the Ceremonial Ground.

# **CAPPADOCIA**

- Pigeon Valley name comes from the thousands of pigeon houses that have been carved into the soft tuff since ancient times. In Cappadocia, pigeons have long been a source of food and fertilizer. The advent of chemical fertilizers has reduced the use of pigeon dung.
- Pasabag Valley Highly remarkable earth pillars can be seen here, in the middle of a vineyard, hence the name of the place which means: the Pacha's vineyard. Pacha means "General", the military rank, in Turkish and it is a very common nickname. This site is also called Monks Valley. The name was derived from some cones carved in tuff stones which stand apart.
- Devrent Valley also known as Imagination valley, is famous for its red colour lunar landscape with the best-formed and most thickly clustered different rock formations. The valley has never been inhabited but has many animal-shaped rocks formed by the forces of nature. Some of the most commonly seen shapes include a camel, snake, seals, and a dolphin. If you use your imagination, you can find many others. There is even a rock pillar which looks like Virgin Mary holding baby Jesus.
- Uchisar 'Castle' Village situated at the highest point of Cappadocia, is a very hilly and those with walking difficulties will find problems on steep streets and hills. From the top of Uchisar are a castle and one of the most magnificent views of the landscape.
- Avanos Pottery Village The small town of Avanos in Cappadocia is famous for its distinctive red earthenware pottery. Situated on the bank of the longest river in Turkey, the Kizilirmak, (Red River), the lovely old town overlooks the red silt of the river which has been both the lifeblood and the destiny of Avanos.
- Underground City it is very likely that these underground cities were built to withstand attack and can protect large numbers of people and their animals during crises period.

### **KONYA**

Tepesidelikhan Ancient Caravanserai - it was a roadside inn where travelers could rest and recover from the day's journey. Caravanserais supported the flow of commerce, information, and people across the network of trade routes covering Asia, North Africa, and southeastern Europe, especially along the Silk Road.



**D8** 

#### ISTANBUL - ALMATY (5H20M)

(B/L/MOB)

- St. Sophia (Hagia Sophia) (Entrance Included)
- Topkapi Palace (Entrance Included)
- Grand Bazaar (Close on Sun) (Walking Orientation)

D9

#### ALMATY - KUALA LUMPUR (8H10M)

(MOB)

- Transfer to Hotel
- Free at Leisure until Departure "Or you may join Optional Tour to explore Almaty, the capital of Kazakhstan

**D10** 

#### ARRIVAL KUALA LUMPUR



- $\uparrow \uparrow \uparrow \uparrow \uparrow \uparrow$  HIGHLIGHTS  $\uparrow \uparrow \uparrow \uparrow \uparrow \uparrow \uparrow$
- 2 Nights Stay At Cappadocia Cave Design Hotel
- Visit Melvana Museum
- Visit the Historical Ataturk Mausoleum in Ankara
- Explore the Unique Attraction in Cappadocia, Pigeon Valley, Pasabag Valley, Dervent Valley, Uchisar Castle Village, Avanos Village, Goreme Valley & Underground City.
- Discover the Beautiful and Famous Terraces Cotton Castle which listed under UNESCO World Heritage Site title in the 1970s
- Explore Ephesus Ancient City which is one of the world's Most Outstanding Archaeological Sites
- Visit The Historical House of the Virgin Mary
- Trojan Horse is One of the Biggest Attractions of Canakkale
- Istanbul is a Major City in Turkey that straddles Europe and Asia across the Bosphorus Strait. Its Old City reflects Cultural influences of the many Empires that once ruled here
- Visit Blue Mosque, which has a Unique Feature of 6
- Bosphorus on the 32 km (20-mile) long strait which joins the Sea of Marmara to the south with the Black Sea to the north of Istanbul--à insert last 2nd Point
- Enjoy Belly Dance Show and Dinner at Bosphorus Cruise



5 THOTEL (5 Nights)

- + 2 Nights Cave Design Hotel (No Star Rating)
- ✓ Cappadocia (Cave Design Hotel) X 2 Nights Pamukkale X 1 Night
- Kusadasi X 1 Night
- Canakkale X 1 Night
- ✓ Istanbul X 2 Nights
- ✓ Almaty "STPC" Half Day Used Hotel & Breakfast Provided By Air Astana

# RECOMMENDED SHOPPING

- Leather
- Carpet
- ✓ Jewelry
- Textile
- ✓ Turkish Delight
- Ceramic

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# **PAMUKKALE**

- The Ancient City of Hierapolis was an ancient city located on hot springs in classical Phrygia in southwestern Anatolia. Its ruins are adjacent to modern Pamukkale, Turkey and currently comprise an archaeological museum designated as a UNESCO World Heritage Site. The hot springs have been used as a spa since the 2nd century BC, with many patrons retiring or dying there.
- Cotton Castle is famous because of the white, cottony appearance of the mineral bath spas that abound the province, which is rich in calcium. Known as a "spa town" since the Roman era, tourists travel to Pamukkale to relax in warm, soothing and therapeutic waters in the myriad spas.

#### SELCUK

- **Selcuk** is one of the most visited tourist destinations within Turkey, known for its closeness to the ancient city of Ephesus, House of the Virgin Mary and Seljuk works of art. The 6th-century Basilica of St. John the Apostle, which, some claim, is built on the site of the Apostle's tomb, is also inside the town. The old quarter of Selçuk retains much traditional Turkish culture.
- Ephesus Ancient City is one of the world's most outstanding archaeological sites. Walk in its well-preserved marble streets to the Library of Celsius, the Odeon, Grand Theatre, Temple of Hadrian, Roman Bath etc.

### CANAKKALE

Trojan Horse - is one of the biggest attractions of Canakkale city. The "wooden horse" was made famous by the movie Troy. (Exclude Troy Museum)

#### **ISTANBUL**

- **Blue Mosque -** also known as Sultan Ahmed Mosque is a historical mosque in Istanbul. The mosque is known as the Blue Mosque because of blue tiles surrounding the walls of interior design.
- Hippodrome of Square where horse carriage and gladiator fights took place during the Byzantine Empire. It is decorated today with an Egyptian Column, Serpentine Column and Ibrahim Pasa Palace.
- St Sophia Church is also known as Hagia Sophia after the Ottomans captured Constantinople during 1453. It is one of the finest and famous examples of BYZANTINE architecture in the world. Today it is neither a Church nor a Mosque, but a museum.
- Topkapi Palace was not only the residence of the Ottoman sultans but also the administrative and educational Centre of the state. Now it has become a large museum in Istanbul.
- Grand Bazaar in Istanbul is one of the largest and oldest markets in the world, is it often regarded as one of the first shopping malls in the world.



- ✓ 7 Breakfast / 7 Lunch / 6 Dinner
- Mixtures of Buffet , Local Cuisine , Kebab

# General Information

# · TURKEY ·



Currency	<b>Turkey</b> : Turkish Lira (TRY): US Dollar (USD)	* Call Credit Card Centre to to Extend Your Credit Card Limit *Credit Cards are widely used in Turkey	
Exchange Rate	TRY 1: RM 1.5 USD 1: RM 4.5	Dial Code + 90	
Voltage	230Volts 50Hz	Power socket  Power socket is 2 round plugs.  Please bring a universal electric plug adapter.	
Time Different	Approximately 5 hours behind Malaysia Time	Each individual are entitled to check in 1 luggage of not more than 20kgs and a hand carry bag not more than 7kgs.	
Weather	Spring         Summer         Autumn         Winter           Mar - May         Jun - Aug         Sep - Nov         Dec - Feb           10°C- 25°C         28°C- 37°C         8°C- 20°C         -5°C- 11°C		
Aircraft Type	A320	A330 Boeing 777	
Departure Date: Tour Fare:	Flight :  Airport Tax & Fuel Surcharge:		
Tipping:	Agent Collection Fee:		
Visa:	Travel Insurance:		
TOTAL:			

Travel Agent:



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